



# JOYRIDE EQUESTRIAN

## Lesson Information

### Mission Statement

Our mission is to enrich the lives of people of all ability levels through horsemanship and riding.

### Philosophy

The philosophy of JoyRide is that all people can derive joy and enrichment from working with horses. Elle believes that every person and every horse is an individual with unique goals, dreams, idiosyncrasies, worries, and motivations. Horsemanship is not a set system or program that guarantees success, but rather a fluid and dynamic practice that must be adaptable to each individual. Working with horses is like learning a language and a sport all at once. It is about balance, relationship, behavior, and communication.

With these things in mind, the partnerships and teamwork between rider, horse, and instructor can grow and develop into something truly beautiful.

### Lessons

Elle is a PATH certified therapeutic riding instructor, MS in Equine Nutrition 2015, BS in Horse Science 2013. Lessons are student-directed and objectives and goals depend entirely on the individual. Student goals vary widely from leading independently, trail riding safely, jumping, competing, etc.

Lessons may include time spent grooming and tacking, groundwork, and mounted work, depending on student goals and skill level. Students who can groom and tack independently should do so before the start time of the lesson.

### Payment

Lessons should be paid at the beginning of each month for the expected number of lessons in that month. Elle will send an email when the credit is below \$65. Lessons are 50-60 minutes.

Checks or cash are accepted. Please make checks out to JoyRide Equestrian, LLC.

### Schedule

Lessons are scheduled on a Google calendar that will be shared with you. Weekly lesson emails are meant for scheduling -- the Google calendar is always up to date.

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## Attire

All riders should wear a helmet when mounted. Riders under 18 MUST wear an ASTM-SEI approved riding helmet when mounted. Helmets must be fitted and in good condition. Riders must wear closed toed shoes, preferably boots with a heel, and long pants. If a rider does not have a helmet, one will be provided. Lesson helmets are disinfected after each use.

**ALL riders and/or those handling horses must sign a liability release waiver for JoyRide Equestrian, LLC.**